

FOR IMMEDIATE RELEASE

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Dr. Carol Simpson, Provost, Old Dominion University is the keynote speaker for Excellence Girls' Club, Inc.'s annual Year-end Reception. The 3rd Annual Year-end Reception will be hosted by the River Crest Community Center and Churchland High School sites on Tuesday, May 13, 2008 at 6:00pm. It will be held at River Crest Community Center 1001 Riverwalk Parkway Chesapeake, VA 23320.

Excellence Girls' Club, Inc. is a prevention program for middle and high school age girls which provides life skills training designed to promote healthy living, build community contributors and develop future leaders.

In addition to Churchland High School (Portsmouth) and River Crest Community Center (Chesapeake), other clubs are located at Lafayette-Winona Middle School (Norfolk), Huntington Middle School and Woodside High School (Newport News)

The Excellence Girls' Club's goals are as follows: increase grade point average, explore career and educational goals, perform community service, show improved self-esteem by decreasing the number of self-destructive behaviors, nurture the mother/daughter relationship, increase leadership roles in school and the community and political literacy. To meet these goals, the members participate in the following activities: weekly educational sessions, quarterly mother/daughter sessions, community service projects, an annual bonding retreat, a 6-8 week book discussion, monthly leadership institute meetings and an annual advocacy project.